

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2018</h1>				<b>1</b> Parent & Tot Drop-in  Soup's On!	<b>2</b> Community Kitchen*  Parent Child Mother Goose*	<b>3</b> Dad's Drop-in  <i>Call Now to Book a Birthday Party!</i>
				<b>4</b> <i>Call Now to Book a Birthday Party!</i>	<b>5</b> YPSN Drop-in  Island Health Postpartum Support Group*	<b>6</b> Kinder-Gym  Best Babies*
<b>11</b> <i>Call Now to Book a Birthday Party!</i>	<b>12</b> <b><i>CLOSED for Family Day</i></b>	<b>13</b> Kinder-Gym  Best Babies*	<b>14</b> Toddler Play Time Island Health Immunizations Community Kitchen* Parent & Tot Drop-in Baby Time Drop-in Family Dinner*	<b>15</b> Parent & Tot Drop-in	<b>16</b> Community Kitchen* Parent Child Mother Goose* <i>Happy Chinese New Year!</i>	<b>17</b> Dad's Drop-in  <i>Call Now to Book a Birthday Party!</i>
<b>18</b> <i>Call Now to Book a Birthday Party!</i>	<b>19</b> YPSN Drop-in  Island Health Postpartum Support Group*	<b>20</b> Kinder-Gym  Best Babies*	<b>21</b> Toddler Play Time Island Health Immunizations Community Kitchen* Parent & Tot Drop-in Baby Time Drop-in Family Dinner*	<b>22</b> Parent & Tot Drop-in  Soup's On!	<b>23</b> Community Kitchen*  Parent Child Mother Goose*	<b>24</b> Dad's Drop-in  <i>Call Now to Book a Birthday Party!</i>
<b>25</b> <i>Call Now to Book a Birthday Party!</i>	<b>26</b> YPSN Drop-in  Island Health Postpartum Support Group*	<b>27</b> Kinder-Gym  Best Babies*	<b>28</b> Toddler Play Time Island Health Immunizations Community Kitchen* Parent & Tot Drop-in Baby Time Drop-in Family Dinner*	<p><b><i>Program times and descriptions can be found on the next page. →</i></b></p> <p><b><i>* Programs by registration only. Call 250-360-1148 or email <a href="mailto:admin@snplace.org">admin@snplace.org</a> for registration!</i></b></p>		

## Program Descriptions • Winter 2018

	PROGRAM	WHEN	DETAILS
<b>Drop-In Programs</b>	Young Parent Support Network (YPSN) Drop-in	Monday 10:00am-12:00pm	Support program for parents who are under 30 years old with children <b>0-6 years</b> .
	Kinder-Gym (Fieldhouse)	Tuesday 8:45am-10:10am	Provides children <b>0-5 years</b> and their caregivers a fun place to play, learn and connect with other families. Suggested donation is \$2/family.
	Toddler Play Time	Wednesday 9:30am-11:00am	For children <b>under 3 years</b> and their caregivers to have fun, play and socialize. Suggested donation is \$2/family.
	Island Health Immunizations	Wednesday 9:30am-11:30am	An opportunity for kids up to kindergarten age to get immunized by VIHA health professionals. Call 250-519-5100 for more information.
	Baby Time Drop-in	Wednesday 1:00pm-2:30pm	Free program for parents and caregivers of babies <b>up to 1 year</b> , to play and socialize. Free games, discussions and guest speakers.
	Parent & Tot Drop-in	Wednesday 1:00pm-2:30pm Thursday 9:00am-11:00am	For children <b>0-5 years</b> and their caregivers to have fun, play and socialize.
	Soup's On!	Last Thurs of the month 11:30am-1:00pm	Come and enjoy homemade soups the last Thursday of every month. \$5.00 for a bowl of soup and a bun. Eat in or take away. Proceeds support our food security programs.
	Dad's Drop-in	Saturday 9:00am-11:00am	A space for children <b>0-5 years</b> and their male caregivers to play and a safe and supportive environment.
<b>By Registration Programs</b>	Island Health Postpartum Support Group	Monday 1:30pm-3:00pm	For mothers of babies <b>under 12 months</b> to connect with other moms in a supportive environment. Call 250-519-5100 for more information. Childcare is available for \$5/child.
	Best Babies	Tuesday 10:45am-1:45pm	Prenatal nutrition program that provides resources for women who are pregnant and <b>up to six months after delivery</b> . Vitamins, food vouchers, childcare and lunch available.
	Community Kitchen	Wednesday & Friday 9:30am-12:00pm	Enjoy cooking in a group and taking home delicious meals to your family. Suggested donation for childminding is \$2.
	Family Dinner	Wednesday 5:30pm-7:00pm	Join us every Wednesday for a nutritious family friendly meal. Call us to register! Suggested donation is \$5/family.
	Parent Child Mother Goose	Fridays 9:30am-10:30am (ends February 23)	Come and enjoy songs, rhymes and stories with fellow caregivers and children <b>less than 18 months</b> .

### Full O'Beans Preschool

To register, arrange a visit or for more information call **250-360-1148 ext. 101** or email [corinne@snplace.org](mailto:corinne@snplace.org)

Call **250-360-1148** or email [admin@snplace.org](mailto:admin@snplace.org) for registration!  
[saanichneighbourhoodplace.com](http://saanichneighbourhoodplace.com) OR [facebook.com/saanichneighbourhoodplace](https://facebook.com/saanichneighbourhoodplace)